



# The Lesson Cycle and Lesson Planning

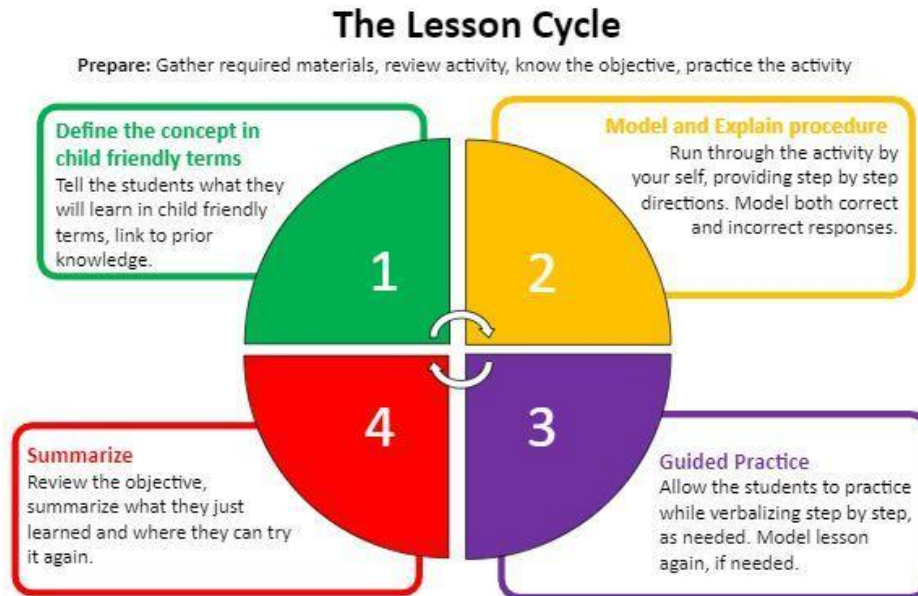
Module 3

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# Module 3: The Lesson Cycle and Lesson Planning



## The Lesson Cycle



### Step 1: Define the concept in child friendly terms:

Tell the student what they will learn in child friendly terms, link to their knowledge, objective of lesson.

### Step 2: Model and Explain Procedure:

Run through the activity by yourself, providing step by step directions. Model both correct and incorrect responses.

### Step 3: Guided Practices:

Allow the students to practice while verbalizing step by step, as needed. Model Lesson again, if needed.

### Step 4: Summarize:

Review the objective, summarize what they just learned and where they can try it again.

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## Lesson Plan



### What is a Lesson Plan?

Lesson plans are the teacher's daily guide for what students need to learn, how it will be taught, and how learning will be measured. Lesson plans help teachers be more effective in the classroom by providing a detailed outline to follow each class period.

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### Why we use Lesson Plans

- **Lesson planning** is important because it gives the adult an intentional direction for the day.
- Research shows that student learning is correlated to teacher **planning**.
- Excellent teachers regularly set learning goals for children and **monitor progress** towards these goals throughout the year.
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### **Expectations for Lesson Plan:**

- Maintain detailed, weekly lesson plans
- Incorporate TSR components
  - Curriculum
  - Start-Up Kit
  - School Readiness Kit
  - Pre-K guidelines
- Child Progress Monitoring assessment results
- Activities on the lesson plan must include learning objectives
- No credit is given for activities not connected to an objective.
- If some activities have learning objective and some do not, only those with an objective will be scored.
- Objectives need to be different in order to count more than once.

**Notes:** \_\_\_\_\_  
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### **General Requirements for Lesson Plan:**

- All activities should have an objective and activity.

- Curriculum guides should be available as a reference.
- TSR short term goal activities should appear in lesson plans.
- Teachers should be following actual, posted lesson plans.
- Lesson Plans should include the time of day.

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### Lesson Plan Components

<b>Learning Objectives</b>	<b>Outside activities</b>
<b>Cognitive Transitions</b>	<b>Small Groups (include members &amp; activity)</b>
<b>Thematic materials</b>	<b>Materials and resources</b>
<b>Circle Time activities</b>	<b>Vocabulary/Letter Wall words</b>
<b>Learning Center activities</b>	<b>References/resources (curriculum, CAC, guidelines, )</b>
<b>Read Alouds and extension activities</b>	<b>Special Events, Guests or activities</b>

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## Benefits of Lesson Planning

Lesson planning allows for:

- Focusing on teaching goals and objectives
- Becoming more thoughtful in the selection of activities being taught
- Gathering materials and making appropriate choices before children arrive
- Choosing interesting and effective instructional strategies for children
- Using assessment results to target content areas that need to be taught
- Determining what type of instructional settings will be used
- Reflecting on content areas that have been taught

**Notes:** \_\_\_\_\_  
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## Using Data to Plan

Different data available to assist with lesson planning:

- Child observations
- Portfolios
- Anecdotal notes
- Parent information
- Progress Monitoring reports
- Developmental or Milestone Checklists
- Other assessments your organization uses

**Notes:** \_\_\_\_\_  
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## Writing Lesson Plan Objectives

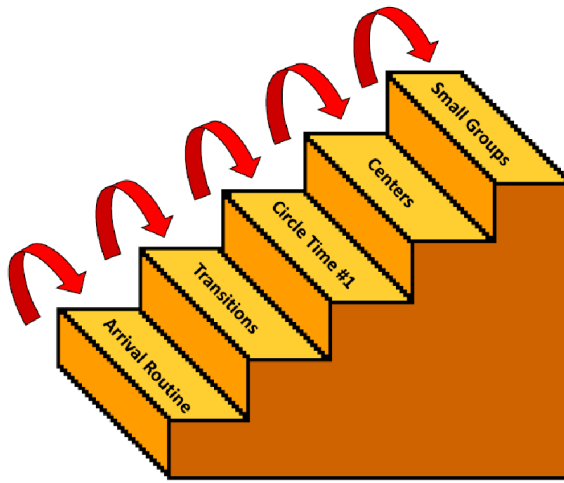
- Consider “what” skills you want to teach and
- Connect a learning objective to a credible resource such as the Texas Pre-Kindergarten Guidelines, Head Start Learning Outcomes Framework, a state approved curriculum, etc.

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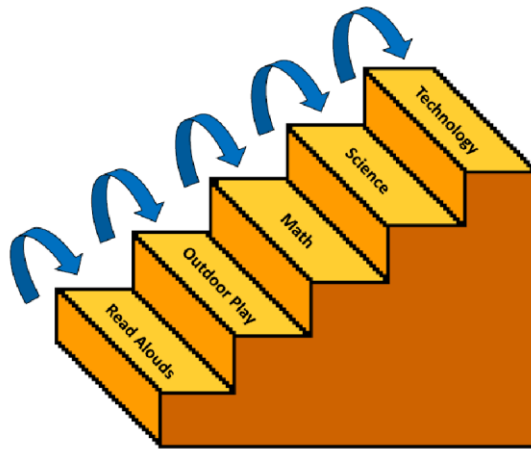


## Steps in completing a Lesson Plan

Steps to Build a Lesson Plan - 1



Steps to Build a Lesson Plan - 2



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### Self-Reflection

- Review child progress monitoring results and ask “What skill areas should be targeted? What activities? Which children?”
- How can the theme be added throughout the classroom?
- Is there a plan for transitions?
- Do I follow the lesson plan? If not, then why not?
- What can I do to improve my lesson plan?
- Do I have the materials for activities available?

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### TAKEAWAYS: Bumper Sticker

**Directions:** Pick one takeaway from this afternoon's session and use it to design a Bumper Sticker.



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